

21th
9th
6th
3rd

International Congress of Psychiatry

International Congress of Child & Adolescent Psychiatry

International Congress of Addiction Psychiatry and Dual Diagnosis

International Women Psychiatric Congress



No Health without Mental Health: *From Slogan to Implementation*

PRECONGRESS: Okasha Institute of Psychiatry, 10 June, 2026

CONGRESS: Intercontinental Citystars Hotel, 11-12 June, 2026

Guidelines for session proposal

General

Session proposals can be submitted via the online session submission system on the congress website and should be prepared strictly according to the following instructions. Changes can not be made after the abstract submission deadline.

Session types suggested include

1. Symposia

Symposia are 60 minutes sessions consisting of two presentations that are thematically linked and focus on a specific topic relevant to clinical psychiatry. They are designed to provide comprehensive treatment of a topic or discussion of the topic from several points of view by the participants and stimulate discussion with the audience. Some symposia are supported by companies and are designated as "Satellite Symposia".

2. Forums

These are flexible presentations that afford an opportunity to highlight and select topics that are of timely interest to psychiatrists. Speakers and panel members are chosen for their expertise and leadership in the field.

3. Meet the expert

This is an interactive session with brief presentations provided by experts followed by interactive discussion.

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4. Workshops

Workshops are 60-minutes sessions, which typically involve brief presentations from individual panel members, followed by the opportunity for lively and informative discussion. This format provides for substantial audience participation and should be highly interactive.

5. Educational programs

This program will be attended by a limited number session of pre-registered participants. These programs are supported by an organization/institution.

Content

- Session proposal should include:
 - background, objectives, proposed talks, and Target Audience.
- Session types suggested include
- Topics must report on high quality research in the field of Psychiatry and/or Psychiatric Treatment.
- No abbreviations or trade names are allowed in the title. However, the generic name may be used.
- A disclosure on potential conflicts of interest (acknowledgement of funding) is requested when submitting an abstract.

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Layout

- Proposed sessions must be submitted in English (UK), with Arabic summary.
- The title should not exceed 10 words.
- Write the title in lower case letters (except the first letter) and do not put a dot at the end.
- Note that tables, graphs and pictures cannot be included.

Presenters

- Insert the presenter's initials, last name and institute details as indicated on the on-line form.

Do not add any titles or degrees: Prof, Dr, etc.

- The person submitting the session proposal should be the presenting author. All communication will be done with the presenting author.
- The presenting author has to add a personal image and a short CV for every presenter within the session. Also suggested presentation details should be added.

2. EVALUATION AND PUBLICATION

Proposal is eligible for review when:

- Submitted according to the guidelines on or before the deadline.
- The presenting author has registered and paid the congress registration fee within 2 weeks after submitting the abstract, and no later than 30 March 2026.

All submitted proposals (from registered presenting authors) will be evaluated by a scientific review committee. Authors will be informed of the committee's decision by e-mail before mid-May 2026. Congress Committees will not enter into discussion about the outcome.