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# International Congress of Psychiatry

## International Congress of Child & Adolescent Psychiatry

## International Congress of Addiction Psychiatry and Dual Diagnosis

## International Women Psychiatric Congress



No Health without Mental Health: *From Slogan to Implementation*

**PRECONGRESS:** Okasha Institute of Psychiatry, 10 June, 2026

**CONGRESS:** Intercontinental Citystars Hotel, 11-12 June, 2026

### Guidelines for abstract submission

#### General

Abstracts can be submitted via the online abstract submission system on the congress website.  
We will accept standard/traditional abstracts

Abstracts should be prepared strictly according to the following instructions. Changes can not be made after the abstract already submitted.

#### Content

- Abstracts should include:
  - brief introduction to the research question
  - aim(s) of the study
  - methods used including statistical analysis methods
  - summary of results containing real data and the outcome of statistical analyses
  - conclusions
- Abstracts must report on high quality research in the field of Psychiatry and/or Psychiatric Treatment that has not been published whole elsewhere.
- The statements, particularly in the conclusion section, should be balanced.
- No abbreviations or trade names are allowed in the title. However, the generic name may be used.
- A disclosure on potential conflicts of interest (acknowledgement of funding) is requested when submitting an abstract.

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### Layout

- Abstracts must be submitted in English (UK)
- Arabic summary is required from Arabic presenters.
- The title should not exceed 20 words.
- Write the title in lower case letters (except the first letter) and do not put a dot at the end.
- Abstracts should have a minimum of 450 and a maximum of 500 words (excluding references).
- The use of underlined is not permitted. Words that need emphasis should be bold or italics type.
- Note that tables, graphs and pictures cannot be included.

### References (optional)

- Optionally, you can include up to five references to previous publications. In the body text, a publication should be referred to by a consecutive number between brackets, i.e. [1], [2], [3], [4] and [5]. References indicated in the reference list, that are not linked to the body text will be deleted by the publisher.
- Authors are responsible for the accuracy of references. Only published articles and those in press (the journal should be stated) may be included; unpublished results and personal communications should be cited as such in the body text.
- It is the author's responsibility that the references are provided in accordance with MECPsych journal referencing guidelines.

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### Authors

- Insert the author's initials, last name and institute details as indicated on the on-line form. Do not add any titles or degrees: Prof, Dr, etc.
- The person submitting the abstract should be the author presenting the poster (presenting author). All communication will be done with the presenting author.

### 2. EVALUATION AND PUBLICATION

An abstract is eligible for review when:

- The abstract is submitted according to the guidelines on or before the deadline.
- The presenting author has registered and paid the congress registration fee within 2 weeks after submitting the abstract, and no later than 30 March 2026.

The abstracts submitted will be reviewed for:

- Presentation at the congress by means of a poster presentation.
- Publication in the congress supplement to the Middle East Current Psychiatry Journal

All submitted abstracts (from registered presenting authors) will be evaluated by a scientific review committee. Authors will be informed of the committee's decision by e-mail before mid-May 2026. Congress Committees will not enter into discussion about the outcome.