

World Adversity and Psychiatry

PRECONGRESS: 27 May, 2025 (Okasha Institute of Psychiatry) CONGRESS: 28 May, 2025 (Citystar Intercontinental)



# PRECONGRESS PROGRAM

**Tuesday 27 May, 2025** Okasha Institute of Psychiatry, Cairo, Egypt

# **PRECONGRESS VENUE**







# **OKASHA INSTITUTE OF PSYCHIATRY** Faculty of Medicine,

**Ain Shams University** http://oipasu.edu.eg

**FUNCTIONAL ROOMS** 

Track (1): Okasha Auditorium Track (2): Prof. Adel Sadek Hall Track (3): Prof. Tarek Asaad Hall



# FREE REGISTRATION



This Precongress Program is Accredited by the American **Association of Continuing Medical** Education



# **Brief Transcripts** Pre-Conference

 $\underset{of}{\mathsf{AMERICAN}}\,\underset{of}{\mathsf{ASSOCIATION}}$ CONTINUING MEDICAL EDUCATION

the 20th International Congress on Psychiatry & the 8th International Congress on Child & Adolescent Psychiatry May 27, 2025

**Accreditation Statement** 

his activity has been planned and implemented in accordance with the Association's Accreditation Standards & Policies through joint-sponsorship with the Ain Shams University, Institute of Psychiatry.

#### **Credit Designation**

The Accreditation Review Committee (ARC) of the American Association of Continuing Medical Education® designates this medical education activity for a maximum of 8.00 hours in the Category 1 credit of the Association's Designation. Each participant must claim only those credits that he/she actually spent in the activity.

20th International Congress of Psychiatry **Organized By** This congress will be Okasha Institute of Psychiatry Accredited by the 8th International Congress of Child & Adolescent Psychiatry American Academy of Department of Neuropsychiatry International Congress of Addiction Psychiatry and Dual Diagnosis Continuing Medical Education Ain Shams University 2<sup>nd</sup> International Women Psychiatric Congress www.asuip.net CONGRESS AGENT **World Adversity and Psychiatry** MISR 2000 MISE PRECONGRESS: 27 May, 2025 (Okasha Institute of Psychiatry) CONGRESS: 28 May, 2025 (Citystar Intercontinental)

# This Congress is organized under the Patronage of:

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#### Will be Available from 14 June 2025

- 1- Open the official website https://asuip.net, open certificate tab, choose pre-congress, and enter your Registration number
- 2- Fill the online evaluation form.
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#### **NOW AVAILABLE**

- New Website on Psychiatric Research in Egypt www.psychiatry-research-eg.com
- This website is an online database with the available Egyptian Psychiatric Research

#### **THANKS TO**

#### Mr. Amr Mohamed Hassanein

Ex. Head of IT Department, Okasha Institute of Psychiatry

#### Mrs. Samya Mohamed

Ex. Administrative Manager,

Okasha Institute of Psychiatry

#### Mr. Mohamed Abdel Hamid

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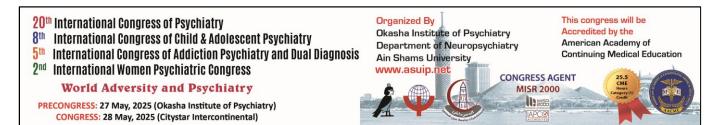


Tuesday, 27 May, 2025						
Okasha Institute of Psychiatry						
TIME	TRACK 1: GENERAL PSYCHIATRY	TRACK 2: CHILD PSYCHIATRY	TRACK 3: GENERAL & ADDICTION			
08.00-10.00	REGISTRATION					
10.00-11.00	SKILLS TRAINING (1): Leadership Skills for Future Doctors Leader: Prof. Tarek Ahmed Okasha (ASU) Speakers: Prof. Marwa El Missiry (ASU): How to make presentation and decide on once priority? Lect. Noha Ahmed Saad (ASU): Conflict resolution and change management and building trust. Lect. Mohamed Farwiez (ASU): Emotional intelligence.	WORKSHOP (1): Neurodevelopmental Disorders: Advances in Understanding and Treatment Leader: Prof. Hisham Ramy (ASU) Co-Leader: Prof. Heba Elshahawi (ASU) Speakers: Prof. Heba Elshahawi (ASU): Developmental Dyslexia: New theories and application in treatment. Prof. Nermin Shaker (ASU): Advances in pharmacological treatment of attention deficit hyperactivity disorder. Prof. Reem El Ghamry (ASU): Immune Dysregulation in autism spectrum disorder: The possible	WORKSHOP (2): Disease and Crime: Stimulant use disorder Leader: Prof. Eman Abo Ella (ASU) Co-Leader: Prof. Soheir ElGhonemy (ASU) Speakers: Prof. Mahmoud Elhabiby (ASU) Prof. Nesreen Mohsen (ASU) Prof. Hanan Elrassas (ASU)			
11.00-12.00	SKILLS TRAINING (2): How to choose your future partner? Leaders: Prof. Abdel Nasser Omar (ASU) Prof. Mohamed El Mahdy (Al Azhar Univ.) Speakers: Prof. Abdel Nasser Omar (ASU) Prof. Mohamed El Mahdy (Al Azhar Univ.) Dr. Omar Yehia Mansour (ASU)	road to cure.  WORKSHOP (3): ADHD: The everlasting challenge Leaders: Prof. Hisham Ramy (ASU) Prof. Mona ElSheikh (ASU) Speakers: Prof. Hisham Ramy (ASU) Prof. Mona ElSheikh (ASU) Dr. Noha Ahmed Saad (ASU) Sponsored by (Clavita)	WORKSHOP (4): DBT in addiction treatment Leaders: Prof. Amany Haroun (ASU) Prof. Soheir ElGhonemy (ASU) Co-Leader: Prof. Hanan Elrassas (ASU) Speaker: Prof. Amany Haroun (ASU)			

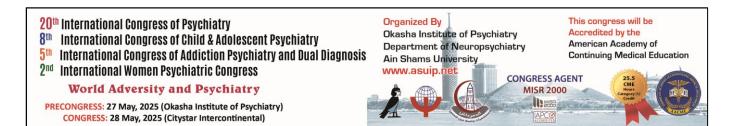
Thanks to DrWebServ



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Dr. Mohammed Hosny Rabie
for the construction of www.asuip.net & www.psychiatry-research-eg.com



Tuesday, 27 May, 2025 Okasha Institute of Psychiatry					
01.30-02.30	WORKSHOP (7): Common Mistakes in Building Career Chairs: Prof. Naglaa Elmahallawy (ASU) Prof. Afaf Hamed Khalil (ASU) Prof. Maha Sayed (ASU) Speaker: Prof. Tarek Al Habib (KSA)	SEMINAR (2): Social Media and Child Development Chairs: Prof. Doha Mostafa Elserafi (ASU) Prof. Walaa Sabry (ASU) Speakers: Prof. Ghada AM Hassan (ASU): Social media and child development Prof. Doha Mostafa Elserafi (ASU): Academic performance and social media	WORKSHOP (8): Interviewing Skills in Addiction Chairs: Prof. Nahla Elsayed (ASU) Prof. Eman Aboelaal (ASU) Speaker: Prof. Mahmoud ElHabiby (ASU)		
02:30-03.30	SYMPOSIUM (1): Beyond the Horizon: Novel antipsychotics for the treatment of psychiatric disorders Chairs: Prof. Hisham Ramy (ASU) Prof. Sawsan Aboulfotouh (ASU) Speakers: Prof. Hisham Ramy (ASU): Antipsychotics: The untold story Prof. Sawsan Aboulfotouh (ASU): Xanomeline/Trospium: A novel mechanism Lect. Mayar Nawara (ASU): Novel antipsychotic treatment mechanisms	WORKSHOP (9): Bridging the Gap in ASD Diagnosis and Management Chairs: Prof. Safeya Effat (ASU) Prof. Afaf Mohamed (ASU) Speakers: Prof. Afaf Mohamed (ASU) Prof. Ghada Refaat (ASU) Prof. Marwa Soltan (ASU)	WORKSHOP (10): Work-life Balance Chairs: Prof. Mohamed R Elfiky (ASU) Prof. Maha Sayed (ASU) Prof. Mona El Shiekh (ASU) Speakers: Prof. Maha Sayed (ASU) Prof. Sherien Ahmed Khalil (ASU)		



Tuesday, 27 May, 2025						
Okasha Institute of Psychiatry						
03.30-04.30	SKILLS TRAINING (3): Skills for Sexual Therapy Chairs: Prof. Afaf Hamed Khalil (ASU) Prof. Ahmed Saad (ASU) Prof. Mohamed Fekry (ASU) Speakers: Prof. Afaf Hamed Khalil (ASU) Prof. Mona Reda (ASU)	WORKSHOP (11): Cyber Bullying: Understanding its impact on children and adolescents Chairs: Prof. Safeya Effat (ASU) Prof. Afaf Mohamed (ASU) Speakers: Prof. Nermin Shaker (ASU) Dr. Noha Sami (ASU) Dr. Sohayla Sami (ASU)	WORKSHOP (12): Effective Administration and Management of Addiction Treatment Programs Chairs: Prof. Nahla Elsayed (ASU) Prof. Amany Haroun (ASU) Speakers: Dr. Mayar Nawara (ASU): Administrative regulation of addiction treatment programs Dr. Shenouda Abdelshahid (ASU): Managerial dilemmas in			
04.30-05.30	SEMINAR (3): Communication Skills and emotional intelligence Chairs: Prof. Adel Medani (Al Azhar Univ.) Prof. Heba Essawi (ASU) Speakers: Prof. Soheir H. Elghonemy (ASU): Communication skills and emotional intelligence Dr. Maissa Eid (ASU): Negotiation skills	WORKSHOP (13): Acceptance and Commitment Therapy (ACT) for Children and Adolescents Chairs: Prof. Suzan El Kholy (ASU) Prof. Marwa Soltan (ASU) Speaker: Dr. Abdel Gawad Khalifa (ASU)	addiction treatment  SESSION (1): The Interface between Mood Disorders and Eating Disorders Chairs: Prof. Heba Essawi (ASU) Prof. Dalia Abdel Moniem (ASU) Ass. Prof. Rehab Naguib (ASU) Speakers: Prof. Dalia Abdel Moneim (ASU): Psychopathology of both mood and eating disorders. Dr. Nahla Dessouky (ASU): Interplay between eating disorders and mood disorders. Dr. Samar Serry (ASU): The silent struggle: understanding the intersection of mood and eating disorders in therapeutic practice. Dr. Dina Hussein Mohamed (ASU): Orthorexia nervosa and its association with obsessive compulsive personality disorder in a sample of Egyptian medical students.			
05.30-06.00	STUDENT ACTIVITY (1): Ain Shams & Badr Universities Stigma against Mental Illness among University Students Chair: Prof. Walaa Sabry (Badr Univ.) Speakers: Students	WORKSHOP (14): Live your life by your Values: Acceptance and commitment therapy for addiction Chairs: Prof. Eman Abo Ella (ASU) Prof. Hanan Azzam (ASU) Speaker: Prof. Hanan ElRasas (ASU)	STUDENT ACTIVITY (2): Ain Shams & Badr Universities Eating Disorders and Sleep Disorder among Students Chair: Prof. Mahmoud El Habibi (ASU) Speakers: Students			



## ACKNOWLEDGEMENTS

The congress committees wish to express their sincere thanks to the pharmaceutical companies for their participation in financing and supporting the congress

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