

**19<sup>th</sup> International Congress on Psychiatry**  
**7<sup>th</sup> International Congress on Child & Adolescent Psychiatry**  
**4<sup>th</sup> International Congress on Addiction Psychiatry and Dual Diagnosis**  
**1<sup>st</sup> Regional Women Mental Health Middle East & North Africa Congress**  
*Resistant Psychiatric Disorders Predictors and Challenges*

---

**Pre-congress 11<sup>th</sup> June, 2024**

Okasha Institute of Psychiatry  
 Faculty of Medicine, Ain Shams University, Cairo Egypt

**Congress 12<sup>th</sup> – 13<sup>th</sup> June, 2024**

Intercontinental Citystars Hotel, Cairo, Egypt

**Organized by**  
**Okasha Institute of Psychiatry**

WPA Collaborating Center for Research and Training in Psychiatry  
 Ain Shams University, Cairo, Egypt



**This Congress is Accredited by the  
 American Association  
 of Continuing Medical Education**



**Egyptian  
 Psychiatric  
 Association**



**Arab  
 Federation of  
 Psychiatrists**



**Ministry of  
 Health and  
 Population**



**Egyptian  
 Society for  
 Psychiatric  
 Services**



**Egyptian Child & Adolescent  
 Psychiatry Association**



**Saudi  
 Psychiatric  
 Association**



**(WHO)**



**WPA**



**Egyptian  
 Alzheimer  
 Society**



**OFFICIAL CONGRESS AGENT MISR 2000**

**Event Director: Mr. Wesam El Gafy**

**Tel: (202) 01001634534 - Email: misr\_2000@hotmail.com**



## **This Congress is organized under the Patronage of: HIS EXCELLENCY**

### **Prof. Mohamed Daa Zain Al-Abidin**

President Ain Shams University (ASU)

### **Prof. Ali Mohamed Alanwar**

Dean Faculty of Medicine, Ain Shams University

Chairman of the Board of Directors of Ain Shams University Hospitals

### **Prof. Ahmed Okasha**

Founder Okasha Institute of Psychiatry, Ain Shams University

President WPA (2002-2005)

Honorary President Egyptian Psychiatric Association

### **Prof. Mostafa Kamel Ismail**

Professor of Psychiatry, Ain Shams University

Chair Continuous Professional Development Committee, Ain Shams University

### **Honorary Chairs**

#### **Prof. Zeinab Bishry**

Founder of Child Psychiatry Research Unit,  
Ain Shams University

#### **Prof. Afaf Hamed Khalil**

Professor of Psychiatry, Ain Shams University  
and Congress Director

### **Congress President**

#### **Prof. Nahla Elsayed Nagy**

Director of Okasha Institute of Psychiatry, Ain Shams University

### **Congress Secretary General**

#### **Prof. Tarek Ahmed Okasha**

Director of the WPA Collaborating Centre for Training and Research,  
Okasha Institute of Psychiatry, Ain Shams University

#### **Reginal Women Mental Health Congress**

Secretary General

**Prof. Gihan ELNAHAS, (ASU)**

#### **Assistant Secretary General**

**Prof. Amira Albatrawy, (ASU)**

#### **Organizing Committee Coordinator**

**Prof. Marwa El Missiry, (ASU)**

#### **Child & Adolescent Psychiatry Congress**

Secretary General

**Prof. Hisham Ramy, (ASU)**

#### **Addiction Psychiatry Congress**

Secretary General

**Prof. Soheir H. Elghonemy, (ASU)**

#### **Scientific Committee Coordinator**

**A. Prof. Dina El Gabry, (ASU)**

**Congress Online**

**[www.asuip.com](http://www.asuip.com)**

# CONGRESS VENUES and DATES PRECONGRESS SCIENTIFIC ACTIVITIES

Tuesday 11<sup>th</sup> June / 2024

## Okasha Institute of Psychiatry

Faculty of Medicine,  
Ain Shams University  
<http://oipasu.edu.eg>

### Location



## FUNCTIONAL ROOMS

Track (1): Okasha Auditorium

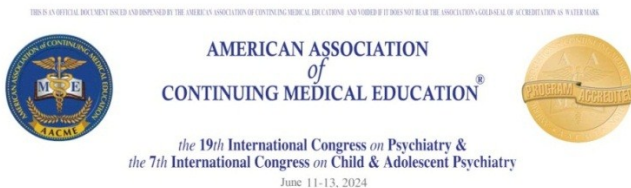
Track (2): Prof. Adel Sadek Hall

Track (3): Prof. Tarek Asaad Hall

## How to get your certificate?

- Scan the QR code on your congress badge or type the link below the QR code on your browser.
- Fill the online evaluation form.
- Your Certificate would appear as a photo, save the photo on your Computer, laptop, mobile device, etc. and printing later.

**[WWW.ASUIP.NET/CERT](http://WWW.ASUIP.NET/CERT)**



### Accreditation Statement

This activity has been planned and implemented in accordance with the Association's Accreditation Standards & Policies through joint-sponsorship with the **Ain Shams University, Institute of Psychiatry**.

### Credit Designation

The Accreditation Review Committee (ARC) of the **American Association of Continuing Medical Education®** designates this medical education activity for a maximum of **61.00** hours in the Category 1 credit of the Association's Designation. Each participant must claim only those credits that he/she actually spent in the activity.

<b>PREECONGRESS PROGRAM</b>			
<b>11 June, 2024 (Okasha Institute of Psychiatry)</b>			
<b>TIME</b>	<b>TRACK (1) GENERAL PSYCHIATRY</b>		
<b>10.00-12.00</b>	<b>WORKSHOP (1) Overview of Substance Use Disorders: Different Modalities of Therapy</b>		
	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            Prof. Nahla Elsayed (ASU)            Prof. Amany Haroun (ASU)            Prof. Mohamed El Hammady (Banha Uni.)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b>  <b>Pharmacotherapy in modality of substance use disorders therapy.</b>            Prof. Nahla Elsayed (ASU)  <b>Contingency management a modality of substance use therapy.</b>            Prof. Amany Haroun (ASU)  <b>The pathway to addiction.</b>            Prof. Hisham Hatata (ASU)  <b>Using motivational interviewing in substance use disorder treatment.</b>            Prof. Soheir H. ElGhonemy (ASU)  <b>Brief intervention in substance use.</b>            Prof. Mahmoud ElHabiby (ASU)  <b>Shedding a light on TMS in substance use disorder.</b>            Dr. Noha Ahmed Saad (ASU)         </td> </tr> </table>	<b>Chairpersons</b> Prof. Nahla Elsayed (ASU) Prof. Amany Haroun (ASU) Prof. Mohamed El Hammady (Banha Uni.)	<b>Speakers</b> <b>Pharmacotherapy in modality of substance use disorders therapy.</b> Prof. Nahla Elsayed (ASU) <b>Contingency management a modality of substance use therapy.</b> Prof. Amany Haroun (ASU) <b>The pathway to addiction.</b> Prof. Hisham Hatata (ASU) <b>Using motivational interviewing in substance use disorder treatment.</b> Prof. Soheir H. ElGhonemy (ASU) <b>Brief intervention in substance use.</b> Prof. Mahmoud ElHabiby (ASU) <b>Shedding a light on TMS in substance use disorder.</b> Dr. Noha Ahmed Saad (ASU)
<b>Chairpersons</b> Prof. Nahla Elsayed (ASU) Prof. Amany Haroun (ASU) Prof. Mohamed El Hammady (Banha Uni.)	<b>Speakers</b> <b>Pharmacotherapy in modality of substance use disorders therapy.</b> Prof. Nahla Elsayed (ASU) <b>Contingency management a modality of substance use therapy.</b> Prof. Amany Haroun (ASU) <b>The pathway to addiction.</b> Prof. Hisham Hatata (ASU) <b>Using motivational interviewing in substance use disorder treatment.</b> Prof. Soheir H. ElGhonemy (ASU) <b>Brief intervention in substance use.</b> Prof. Mahmoud ElHabiby (ASU) <b>Shedding a light on TMS in substance use disorder.</b> Dr. Noha Ahmed Saad (ASU)		
	<b>MEET THE EXPERT (A) Psychiatric Interviewing: The Science and Art</b>		
<b>12.00-01.00</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            Prof. Naglaa El Mahalawy (ASU)            Prof. Reda Roshdy (Al Azhar Uni.)            Prof. Amira Nassieb (ASU)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b>  <b>Interviewing Techniques in Arab Society.</b>            Prof. Tarek El Habib (KSA)  <b>Critical Issues in psychiatric interviewing and mental state examination.</b>            Prof. Ahmed El Missiry (UK)         </td> </tr> </table>	<b>Chairpersons</b> Prof. Naglaa El Mahalawy (ASU) Prof. Reda Roshdy (Al Azhar Uni.) Prof. Amira Nassieb (ASU)	<b>Speakers</b> <b>Interviewing Techniques in Arab Society.</b> Prof. Tarek El Habib (KSA) <b>Critical Issues in psychiatric interviewing and mental state examination.</b> Prof. Ahmed El Missiry (UK)
<b>Chairpersons</b> Prof. Naglaa El Mahalawy (ASU) Prof. Reda Roshdy (Al Azhar Uni.) Prof. Amira Nassieb (ASU)	<b>Speakers</b> <b>Interviewing Techniques in Arab Society.</b> Prof. Tarek El Habib (KSA) <b>Critical Issues in psychiatric interviewing and mental state examination.</b> Prof. Ahmed El Missiry (UK)		
	<b>SESSION (4) Substance Use and Co-occurring Mental &amp; Medical Problems in Special Groups</b>		
<b>01.00-02.00</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            Prof. Amany Haroun (ASU)            Prof. Samir Abou Elmagd (Cairo Uni.)            Prof. Soheir H. ElGhonemy (ASU)            Prof. Mahmoud ElHabiby (ASU)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b>  <b>Common types of addiction in women.</b>            Prof. Amany Haroun (ASU)  <b>Dual disorders: New perspectives.</b>            Prof. Hisham Hatata (ASU)  <b>Drug addiction in the elderly.</b>            Prof. Soheir H. ElGhonemy (ASU)  <b>Blood born infections in addicts.</b>            Prof. Mahmoud ElHabiby (ASU)  <b>Patterns of addiction in adolescents.</b>            Dr. Mayar Nawara (ASU)  <b>Medical complications of addiction.</b>            Dr. Noha Ahmed Saad (ASU)         </td> </tr> </table>	<b>Chairpersons</b> Prof. Amany Haroun (ASU) Prof. Samir Abou Elmagd (Cairo Uni.) Prof. Soheir H. ElGhonemy (ASU) Prof. Mahmoud ElHabiby (ASU)	<b>Speakers</b> <b>Common types of addiction in women.</b> Prof. Amany Haroun (ASU) <b>Dual disorders: New perspectives.</b> Prof. Hisham Hatata (ASU) <b>Drug addiction in the elderly.</b> Prof. Soheir H. ElGhonemy (ASU) <b>Blood born infections in addicts.</b> Prof. Mahmoud ElHabiby (ASU) <b>Patterns of addiction in adolescents.</b> Dr. Mayar Nawara (ASU) <b>Medical complications of addiction.</b> Dr. Noha Ahmed Saad (ASU)
<b>Chairpersons</b> Prof. Amany Haroun (ASU) Prof. Samir Abou Elmagd (Cairo Uni.) Prof. Soheir H. ElGhonemy (ASU) Prof. Mahmoud ElHabiby (ASU)	<b>Speakers</b> <b>Common types of addiction in women.</b> Prof. Amany Haroun (ASU) <b>Dual disorders: New perspectives.</b> Prof. Hisham Hatata (ASU) <b>Drug addiction in the elderly.</b> Prof. Soheir H. ElGhonemy (ASU) <b>Blood born infections in addicts.</b> Prof. Mahmoud ElHabiby (ASU) <b>Patterns of addiction in adolescents.</b> Dr. Mayar Nawara (ASU) <b>Medical complications of addiction.</b> Dr. Noha Ahmed Saad (ASU)		
<b>02:00-02:30</b>	<b>BRAIN BREAK</b>		

<b>PREECONGRESS PROGRAM</b>			
<b>11 June, 2024 (Okasha Institute of Psychiatry)</b>			
<b>TIME</b>	<b>TRACK (1) GENERAL PSYCHIATRY</b>		
	<b>SESSION (5) Psycho-oncology Towards Improving Psychological Care for Young and Adult Females with Cancer: Magnitude of the Problem and Methods of Implementation</b>		
<b>02.30-03.30</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            Prof. Gihan ELNAHAS (ASU)            Prof. Mohsen Elalfy (ASU)            Prof. Hisham Alghazaly (ASU)            Prof. Amira Nassieb (ASU)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b>  <b>Promoting resilience in adolescent females with cancer.</b>            Prof. Heba Elshahawi (ASU)  <b>Psycho-oncology support of breast cancer patients: An overview of research and intervention.</b>            Prof. Amira Nassieb (ASU)  <b>Presidential initiative of women health promotion in a country of more than one hundred million populations: the success story.</b>            Prof. Hisham Alghazaly (ASU)         </td> </tr> </table>	<b>Chairpersons</b> Prof. Gihan ELNAHAS (ASU) Prof. Mohsen Elalfy (ASU) Prof. Hisham Alghazaly (ASU) Prof. Amira Nassieb (ASU)	<b>Speakers</b> <b>Promoting resilience in adolescent females with cancer.</b> Prof. Heba Elshahawi (ASU) <b>Psycho-oncology support of breast cancer patients: An overview of research and intervention.</b> Prof. Amira Nassieb (ASU) <b>Presidential initiative of women health promotion in a country of more than one hundred million populations: the success story.</b> Prof. Hisham Alghazaly (ASU)
<b>Chairpersons</b> Prof. Gihan ELNAHAS (ASU) Prof. Mohsen Elalfy (ASU) Prof. Hisham Alghazaly (ASU) Prof. Amira Nassieb (ASU)	<b>Speakers</b> <b>Promoting resilience in adolescent females with cancer.</b> Prof. Heba Elshahawi (ASU) <b>Psycho-oncology support of breast cancer patients: An overview of research and intervention.</b> Prof. Amira Nassieb (ASU) <b>Presidential initiative of women health promotion in a country of more than one hundred million populations: the success story.</b> Prof. Hisham Alghazaly (ASU)		
	<b>WORKSHOP (5) Psychotherapy Track</b>		
<b>03.30-04.30</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            Prof. Hanan Azzam (ASU)            Prof. Suzan El Kholy (ASU)            Prof. Reem El Ghamry (ASU)            Dr. Abdel Gawad Khalifa (ASU)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b>  <b>Radical CBT ... Roots and branches: CBT for children and their parents.</b>            Dr. Nermeen Nabil Fawzy (Abbasiya Hosp.)  <b>ACT in group therapy.</b>            Dr. Fady Safwat (Abbasiya Hosp.)         </td> </tr> </table>	<b>Chairpersons</b> Prof. Hanan Azzam (ASU) Prof. Suzan El Kholy (ASU) Prof. Reem El Ghamry (ASU) Dr. Abdel Gawad Khalifa (ASU)	<b>Speakers</b> <b>Radical CBT ... Roots and branches: CBT for children and their parents.</b> Dr. Nermeen Nabil Fawzy (Abbasiya Hosp.) <b>ACT in group therapy.</b> Dr. Fady Safwat (Abbasiya Hosp.)
<b>Chairpersons</b> Prof. Hanan Azzam (ASU) Prof. Suzan El Kholy (ASU) Prof. Reem El Ghamry (ASU) Dr. Abdel Gawad Khalifa (ASU)	<b>Speakers</b> <b>Radical CBT ... Roots and branches: CBT for children and their parents.</b> Dr. Nermeen Nabil Fawzy (Abbasiya Hosp.) <b>ACT in group therapy.</b> Dr. Fady Safwat (Abbasiya Hosp.)		
	<b>PUBLIC SESSION (1) Child Psychiatry</b>		
<b>04.30-05.30</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            د. نهى سامى (مركز عكاشه للطب النفسى)            د. مصطفى عبد القادر (مركز عكاشه للطب النفسى)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b> </td> </tr> </table>	<b>Chairpersons</b> د. نهى سامى (مركز عكاشه للطب النفسى) د. مصطفى عبد القادر (مركز عكاشه للطب النفسى)	<b>Speakers</b>
<b>Chairpersons</b> د. نهى سامى (مركز عكاشه للطب النفسى) د. مصطفى عبد القادر (مركز عكاشه للطب النفسى)	<b>Speakers</b>		

## NOW AVAILABLE

A New Website on Psychiatric Research in Egypt

**[www.psychiatry-research-eg.com](http://www.psychiatry-research-eg.com)**

*This website is an online database with the available  
Egyptian Psychiatric Research*

## THANKS TO ALL ORGANIZING TEAM

### OKASHA INSTITUTE OF PSYCHIATRY



<b>PREECONGRESS PROGRAM</b>			
<b>11 June, 2024 (Okasha Institute of Psychiatry)</b>			
<b>TIME</b>	<b>TRACK (2) CHILD PSYCHIATRY</b>		
<b>SESSION (1) Self-Harm and Emotional Dysregulation in Children and Adolescents</b>			
<b>10.00-12.00</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            Prof. Afaf Mohamed (ASU)            Prof. Hanan Azzam (ASU)            Prof. Taghreed Elshafie (Al Azhar Uni.)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b>  <b>Self-harm from their eyes: Assessment as a road for treatment planning.</b>            Prof. Hanan Azzam (ASU)  <b>Biologically at risk for self-harm: Neurobiology of self-harm.</b>            Prof. Marwa Soltan (ASU)  <b>Social media and the rise of self-harm among teens and young ones.</b>            A. Prof. Dina ElGabry (ASU)  <b>Drug treatment of self-harm in assessments: evidence bases review.</b>            Dr. Mohamed Farwiz (ASU)         </td> </tr> </table>	<b>Chairpersons</b> Prof. Afaf Mohamed (ASU) Prof. Hanan Azzam (ASU) Prof. Taghreed Elshafie (Al Azhar Uni.)	<b>Speakers</b> <b>Self-harm from their eyes: Assessment as a road for treatment planning.</b> Prof. Hanan Azzam (ASU) <b>Biologically at risk for self-harm: Neurobiology of self-harm.</b> Prof. Marwa Soltan (ASU) <b>Social media and the rise of self-harm among teens and young ones.</b> A. Prof. Dina ElGabry (ASU) <b>Drug treatment of self-harm in assessments: evidence bases review.</b> Dr. Mohamed Farwiz (ASU)
<b>Chairpersons</b> Prof. Afaf Mohamed (ASU) Prof. Hanan Azzam (ASU) Prof. Taghreed Elshafie (Al Azhar Uni.)	<b>Speakers</b> <b>Self-harm from their eyes: Assessment as a road for treatment planning.</b> Prof. Hanan Azzam (ASU) <b>Biologically at risk for self-harm: Neurobiology of self-harm.</b> Prof. Marwa Soltan (ASU) <b>Social media and the rise of self-harm among teens and young ones.</b> A. Prof. Dina ElGabry (ASU) <b>Drug treatment of self-harm in assessments: evidence bases review.</b> Dr. Mohamed Farwiz (ASU)		
<b>WORKSHOP (3) Recent Advances in Autistic Spectrum Disorder</b>			
<b>12.00-01.00</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            Prof. Safeya Effat (ASU)            Prof. Reda Ismail (Al Azhar Uni.)            Prof. Afaf Mohamed (ASU)            Prof. Mona El Sheikh (ASU)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b>  <b>What is new about ASD?</b>            Prof. Afaf Mohamed (ASU)  <b>Immunotherapy in ASD; A case series. (Novel therapeutic approach using psychobiotics and fecal microbial transplantation for autism and ADHD).</b>            Prof. Heba Elshahawi (ASU)  <b>Metabolic approach to autism.</b>            Prof. Ghada Refaat (ASU)         </td> </tr> </table>	<b>Chairpersons</b> Prof. Safeya Effat (ASU) Prof. Reda Ismail (Al Azhar Uni.) Prof. Afaf Mohamed (ASU) Prof. Mona El Sheikh (ASU)	<b>Speakers</b> <b>What is new about ASD?</b> Prof. Afaf Mohamed (ASU) <b>Immunotherapy in ASD; A case series. (Novel therapeutic approach using psychobiotics and fecal microbial transplantation for autism and ADHD).</b> Prof. Heba Elshahawi (ASU) <b>Metabolic approach to autism.</b> Prof. Ghada Refaat (ASU)
<b>Chairpersons</b> Prof. Safeya Effat (ASU) Prof. Reda Ismail (Al Azhar Uni.) Prof. Afaf Mohamed (ASU) Prof. Mona El Sheikh (ASU)	<b>Speakers</b> <b>What is new about ASD?</b> Prof. Afaf Mohamed (ASU) <b>Immunotherapy in ASD; A case series. (Novel therapeutic approach using psychobiotics and fecal microbial transplantation for autism and ADHD).</b> Prof. Heba Elshahawi (ASU) <b>Metabolic approach to autism.</b> Prof. Ghada Refaat (ASU)		
<b>FORUM (A) Management of Depression: The Untold Story</b>			
<b>01.00-02.00</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            Prof. Naglaa El Mahalawy (ASU)            Prof. Hisham Ramy (ASU)            Prof. Sawsan Aboul-Fotouh (ASU)            Prof. Nermin Shaker (ASU)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b>  <b>Management of depression: The untold story.</b>            Prof. Hisham Ramy (ASU)  <b>Antidepressant Update: Fast Non-Monoaminergic targeted antidepressant drugs.</b>            Prof. Sawsan Aboul-Fotouh (ASU)         </td> </tr> </table>	<b>Chairpersons</b> Prof. Naglaa El Mahalawy (ASU) Prof. Hisham Ramy (ASU) Prof. Sawsan Aboul-Fotouh (ASU) Prof. Nermin Shaker (ASU)	<b>Speakers</b> <b>Management of depression: The untold story.</b> Prof. Hisham Ramy (ASU) <b>Antidepressant Update: Fast Non-Monoaminergic targeted antidepressant drugs.</b> Prof. Sawsan Aboul-Fotouh (ASU)
<b>Chairpersons</b> Prof. Naglaa El Mahalawy (ASU) Prof. Hisham Ramy (ASU) Prof. Sawsan Aboul-Fotouh (ASU) Prof. Nermin Shaker (ASU)	<b>Speakers</b> <b>Management of depression: The untold story.</b> Prof. Hisham Ramy (ASU) <b>Antidepressant Update: Fast Non-Monoaminergic targeted antidepressant drugs.</b> Prof. Sawsan Aboul-Fotouh (ASU)		
<b>02:00-02:30</b>	<b>BRAIN BREAK</b>		

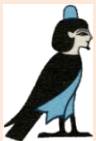
THANKS TO

Mr. Amr Mohamed Hassanein

Head of IT Department,  
Okasha Institute of Psychiatry

Mrs. Samia Mohamed

Administrative Manager,  
Okasha Institute of Psychiatry



<b>PREECONGRESS PROGRAM</b>			
<b>11 June, 2024 (Okasha Institute of Psychiatry)</b>			
<b>TIME</b>	<b>TRACK (2) GENERAL PSYCHIATRY</b>		
<b>WORKSHOP (6)</b> <b>Adolescent Substance use with a Focus on E-cigarette Smoking: The Gateway to an Epidemic</b>			
<b>02.30-04.30</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            Prof. Gihan ELNAHAS (ASU)            Prof. Nermin Shaker (ASU)            Prof. Hisham Hatata (ASU)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b>  <b>E-cigarette smoking in adolescents: The increasing trend.</b>            Prof. Nermin Shaker (ASU)  <b>Substance use disorder in adolescents with ADHD; focusing on tobacco smoking.</b>            Prof. Mohammad Seleem (Tanta Uni.)  <b>Specific treatment approaches for adolescent tobacco and substance use.</b>            Dr. Mayar Nawara            Dr. Noha Ahmed Saad (ASU)         </td> </tr> </table>	<b>Chairpersons</b> Prof. Gihan ELNAHAS (ASU) Prof. Nermin Shaker (ASU) Prof. Hisham Hatata (ASU)	<b>Speakers</b> <b>E-cigarette smoking in adolescents: The increasing trend.</b> Prof. Nermin Shaker (ASU) <b>Substance use disorder in adolescents with ADHD; focusing on tobacco smoking.</b> Prof. Mohammad Seleem (Tanta Uni.) <b>Specific treatment approaches for adolescent tobacco and substance use.</b> Dr. Mayar Nawara Dr. Noha Ahmed Saad (ASU)
<b>Chairpersons</b> Prof. Gihan ELNAHAS (ASU) Prof. Nermin Shaker (ASU) Prof. Hisham Hatata (ASU)	<b>Speakers</b> <b>E-cigarette smoking in adolescents: The increasing trend.</b> Prof. Nermin Shaker (ASU) <b>Substance use disorder in adolescents with ADHD; focusing on tobacco smoking.</b> Prof. Mohammad Seleem (Tanta Uni.) <b>Specific treatment approaches for adolescent tobacco and substance use.</b> Dr. Mayar Nawara Dr. Noha Ahmed Saad (ASU)		
<b>SESSION (7)</b> <b>Unveiling the Frontiers of Mood Disorders: Exciting advancements and future directions</b>			
<b>04.30-05.30</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            Prof. Nivert Zaki (ASU)            Prof. Marwa AbdEl Meguid (ASU)            Prof. Dalia Abdel Moneim (ASU)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b>  <b>Serum ghrelin in major depressive disorder.</b>            Dr. Mariam Hisham Aly (ASU)  <b>Comorbidity of eating disorders in patients with bipolar disorder.</b>            Dr. Sarah Bahaa Eldin AbdAllah (ASU)         </td> </tr> </table>	<b>Chairpersons</b> Prof. Nivert Zaki (ASU) Prof. Marwa AbdEl Meguid (ASU) Prof. Dalia Abdel Moneim (ASU)	<b>Speakers</b> <b>Serum ghrelin in major depressive disorder.</b> Dr. Mariam Hisham Aly (ASU) <b>Comorbidity of eating disorders in patients with bipolar disorder.</b> Dr. Sarah Bahaa Eldin AbdAllah (ASU)
<b>Chairpersons</b> Prof. Nivert Zaki (ASU) Prof. Marwa AbdEl Meguid (ASU) Prof. Dalia Abdel Moneim (ASU)	<b>Speakers</b> <b>Serum ghrelin in major depressive disorder.</b> Dr. Mariam Hisham Aly (ASU) <b>Comorbidity of eating disorders in patients with bipolar disorder.</b> Dr. Sarah Bahaa Eldin AbdAllah (ASU)		

## ACKNOWLEDGEMENTS

*The congress committees wish to express their sincere thanks to the pharmaceutical companies for their participation in financing and supporting the congress*

**Platinum Sponsor**  
**HIKMA - JANSSEN**

**Gold Sponsors**  
Biomed – Habib – Apex – Viatris - FPI

**Silver Sponsors**  
Delta – Eva – Otsuka – Elixir – Mash – Copad - Sunpharma

**Sponsors**  
Abbot – Eassal - Al Andalus – Inspire – Multicare – Chemipharm  
Pharco – Global Nabi – Ramida - Clavita

<b>PREECONGRESS PROGRAM</b>			
<b>11 June, 2024 (Okasha Institute of Psychiatry)</b>			
<b>TIME</b>	<b>TRACK (3) GENERAL &amp; ADDICTION</b>		
<b>WORKSHOP (2) Work / Life Balance</b>			
<b>10.00-11.00</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            Prof. Maha Sayed (ASU)            Prof. Tarek Okasha (ASU)            Prof. Marwa AbdEl Meguid (ASU)            Prof. Hala Taha (Al Azhar Uni.)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b>  <b>Introduction.</b>            Prof. Maha Sayed (ASU)  <b>Work / Life Balance.</b>            Prof. Sherien Ahmed Khalil (ASU)  <b>The bidirectional relationship between burnout syndrome and depression.</b>            Prof. Afaf Hamed Khalil (ASU)         </td> </tr> </table>	<b>Chairpersons</b> Prof. Maha Sayed (ASU) Prof. Tarek Okasha (ASU) Prof. Marwa AbdEl Meguid (ASU) Prof. Hala Taha (Al Azhar Uni.)	<b>Speakers</b> <b>Introduction.</b> Prof. Maha Sayed (ASU) <b>Work / Life Balance.</b> Prof. Sherien Ahmed Khalil (ASU) <b>The bidirectional relationship between burnout syndrome and depression.</b> Prof. Afaf Hamed Khalil (ASU)
<b>Chairpersons</b> Prof. Maha Sayed (ASU) Prof. Tarek Okasha (ASU) Prof. Marwa AbdEl Meguid (ASU) Prof. Hala Taha (Al Azhar Uni.)	<b>Speakers</b> <b>Introduction.</b> Prof. Maha Sayed (ASU) <b>Work / Life Balance.</b> Prof. Sherien Ahmed Khalil (ASU) <b>The bidirectional relationship between burnout syndrome and depression.</b> Prof. Afaf Hamed Khalil (ASU)		
<b>SESSION (2) Psychiatric Intermediate Care Unit (PICU): Towards better Mental Health Services</b>			
<b>11.00-12.00</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            Prof. Nivert Zaki (ASU)            Dr. Manal Al Attar (NMHC)            Prof. Doha El Serafy (ASU)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b>  <b>PICU background.</b>            Prof. Nivert Zaki (ASU)  <b>Scales used in PICU and patients statistics.</b>            A. Prof. Rehab Naguib (ASU)         </td> </tr> </table>	<b>Chairpersons</b> Prof. Nivert Zaki (ASU) Dr. Manal Al Attar (NMHC) Prof. Doha El Serafy (ASU)	<b>Speakers</b> <b>PICU background.</b> Prof. Nivert Zaki (ASU) <b>Scales used in PICU and patients statistics.</b> A. Prof. Rehab Naguib (ASU)
<b>Chairpersons</b> Prof. Nivert Zaki (ASU) Dr. Manal Al Attar (NMHC) Prof. Doha El Serafy (ASU)	<b>Speakers</b> <b>PICU background.</b> Prof. Nivert Zaki (ASU) <b>Scales used in PICU and patients statistics.</b> A. Prof. Rehab Naguib (ASU)		
<b>SESSION (3) (Hybrid) The International Society of Substance Use Prevention and Treatment Training (ISSUP) The cultural impact of stigma on Substance Use Disorder Treatment Services in Arab countries</b>			
<b>12.00-01.00</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            Prof. Nahla Elsayed (ASU)            Prof. Amany Haroun (ASU)            Prof. Hisham Hatata (ASU)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b>  <b>Introduction to ISSUP Egypt and impact of stigma.</b>            Prof. Nahla Elsayed (ASU, ISSUP Egypt National Chapter Lead)  <b>Cultural impact of stigma.</b>            Prof. Amany Haroun (ASU, ISSUP Egypt Coordinator)  <b>Work plan of the Egyptian chapter.</b>            Dr. Mayar Nawara (ASU)  <b>Discussion on cultural impact of stigma in the Arab countries.</b>            ISSUP National Chapter Representatives         </td> </tr> </table>	<b>Chairpersons</b> Prof. Nahla Elsayed (ASU) Prof. Amany Haroun (ASU) Prof. Hisham Hatata (ASU)	<b>Speakers</b> <b>Introduction to ISSUP Egypt and impact of stigma.</b> Prof. Nahla Elsayed (ASU, ISSUP Egypt National Chapter Lead) <b>Cultural impact of stigma.</b> Prof. Amany Haroun (ASU, ISSUP Egypt Coordinator) <b>Work plan of the Egyptian chapter.</b> Dr. Mayar Nawara (ASU) <b>Discussion on cultural impact of stigma in the Arab countries.</b> ISSUP National Chapter Representatives
<b>Chairpersons</b> Prof. Nahla Elsayed (ASU) Prof. Amany Haroun (ASU) Prof. Hisham Hatata (ASU)	<b>Speakers</b> <b>Introduction to ISSUP Egypt and impact of stigma.</b> Prof. Nahla Elsayed (ASU, ISSUP Egypt National Chapter Lead) <b>Cultural impact of stigma.</b> Prof. Amany Haroun (ASU, ISSUP Egypt Coordinator) <b>Work plan of the Egyptian chapter.</b> Dr. Mayar Nawara (ASU) <b>Discussion on cultural impact of stigma in the Arab countries.</b> ISSUP National Chapter Representatives		
<b>WORKSHOP (4) Psychiatric Services Offered by Artificial Intelligence</b>			
<b>01.00-02.00</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            Prof. Nahla Elsayed (ASU)            Dr. Manal Al Attar (NMHC)            Prof. Osama Refaat (Cairo Uni.)            Prof. Mohamed Reyad (Al Azhar B Uni.)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b>  <b>Artificial intelligence in psychiatry.</b>            Prof. Nahla Elsayed (ASU)  <b>Pros and cons of artificial intelligence.</b>            Dr. Manal Al Attar (NMHC)         </td> </tr> </table>	<b>Chairpersons</b> Prof. Nahla Elsayed (ASU) Dr. Manal Al Attar (NMHC) Prof. Osama Refaat (Cairo Uni.) Prof. Mohamed Reyad (Al Azhar B Uni.)	<b>Speakers</b> <b>Artificial intelligence in psychiatry.</b> Prof. Nahla Elsayed (ASU) <b>Pros and cons of artificial intelligence.</b> Dr. Manal Al Attar (NMHC)
<b>Chairpersons</b> Prof. Nahla Elsayed (ASU) Dr. Manal Al Attar (NMHC) Prof. Osama Refaat (Cairo Uni.) Prof. Mohamed Reyad (Al Azhar B Uni.)	<b>Speakers</b> <b>Artificial intelligence in psychiatry.</b> Prof. Nahla Elsayed (ASU) <b>Pros and cons of artificial intelligence.</b> Dr. Manal Al Attar (NMHC)		
<b>02:00-02:30</b>	<b>BRAIN BREAK</b>		



<b>PREECONGRESS PROGRAM</b>			
<b>11 June, 2024 (Okasha Institute of Psychiatry)</b>			
<b>TIME</b>	<b>TRACK (3) GENERAL &amp; ADDICTION</b>		
<b>SESSION (6) Sleep Disorders Updated في ذكرى الحاضر الغائب Prof. Tarek Asaad</b>			
<b>02.30-03.30</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            Prof. Afaf Hamed Khalil (ASU)            Prof. Azza Abdel Naser (ASU)            Prof. Mona Ibrahim (ASU)            Prof. Soheir H. ElGhonemy (ASU)            Prof. Reem Hashim (ASU)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b>  <b>Contribution of late Professor Tarek Assad to sleep medicine.</b>            Prof. Azza Abdel Naser (ASU)  <b>Are sleep disorders a causes or a consequence of depression?</b>            Prof. Afaf Hamed Khalil (ASU)  <b>Sleep disorders in old age.</b>            Prof. Soheir H. ElGhonemy (ASU)         </td> </tr> </table>	<b>Chairpersons</b> Prof. Afaf Hamed Khalil (ASU) Prof. Azza Abdel Naser (ASU) Prof. Mona Ibrahim (ASU) Prof. Soheir H. ElGhonemy (ASU) Prof. Reem Hashim (ASU)	<b>Speakers</b> <b>Contribution of late Professor Tarek Assad to sleep medicine.</b> Prof. Azza Abdel Naser (ASU) <b>Are sleep disorders a causes or a consequence of depression?</b> Prof. Afaf Hamed Khalil (ASU) <b>Sleep disorders in old age.</b> Prof. Soheir H. ElGhonemy (ASU)
<b>Chairpersons</b> Prof. Afaf Hamed Khalil (ASU) Prof. Azza Abdel Naser (ASU) Prof. Mona Ibrahim (ASU) Prof. Soheir H. ElGhonemy (ASU) Prof. Reem Hashim (ASU)	<b>Speakers</b> <b>Contribution of late Professor Tarek Assad to sleep medicine.</b> Prof. Azza Abdel Naser (ASU) <b>Are sleep disorders a causes or a consequence of depression?</b> Prof. Afaf Hamed Khalil (ASU) <b>Sleep disorders in old age.</b> Prof. Soheir H. ElGhonemy (ASU)		
<b>WORKSHOP (7) New Perspectives in Tele-psychiatry</b>			
<b>03.30-04.30</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            Prof. Nahla Elsayed (ASU)            Prof. Menan Abdel Maksoud (GSMHAT)            Prof. Mona Ibrahim (ASU)            Prof. Nesreen Mohsen (ASU)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b>  <b>Psychiatric services in Telepsychiatry.</b>            Prof. Nahla Elsayed (ASU)  <b>Application of Telepsychiatry in Okasha Institute of Psychiatry.</b>            Prof. Nesreen Mohsen (ASU)         </td> </tr> </table>	<b>Chairpersons</b> Prof. Nahla Elsayed (ASU) Prof. Menan Abdel Maksoud (GSMHAT) Prof. Mona Ibrahim (ASU) Prof. Nesreen Mohsen (ASU)	<b>Speakers</b> <b>Psychiatric services in Telepsychiatry.</b> Prof. Nahla Elsayed (ASU) <b>Application of Telepsychiatry in Okasha Institute of Psychiatry.</b> Prof. Nesreen Mohsen (ASU)
<b>Chairpersons</b> Prof. Nahla Elsayed (ASU) Prof. Menan Abdel Maksoud (GSMHAT) Prof. Mona Ibrahim (ASU) Prof. Nesreen Mohsen (ASU)	<b>Speakers</b> <b>Psychiatric services in Telepsychiatry.</b> Prof. Nahla Elsayed (ASU) <b>Application of Telepsychiatry in Okasha Institute of Psychiatry.</b> Prof. Nesreen Mohsen (ASU)		
<b>PUBLIC SESSION (2) Addiction</b>			
<b>04.30-05.30</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Chairpersons</b>            د. ميار نواره (مركز عكاشه للطب النفسى)            د. نهى احمد سعد (مركز عكاشه للطب النفسى)         </td> <td style="width: 50%; vertical-align: top;"> <b>Speakers</b> </td> </tr> </table>	<b>Chairpersons</b> د. ميار نواره (مركز عكاشه للطب النفسى) د. نهى احمد سعد (مركز عكاشه للطب النفسى)	<b>Speakers</b>
<b>Chairpersons</b> د. ميار نواره (مركز عكاشه للطب النفسى) د. نهى احمد سعد (مركز عكاشه للطب النفسى)	<b>Speakers</b>		

Thanks to DrWebServ



**WWW.DRWEBSERV.COM**  
**Dr. Mohammed Hosny Rabie**

for the construction of  
[www.asuip.net](http://www.asuip.net) & [www.psychiatry-research-eg.com](http://www.psychiatry-research-eg.com)

*The congress committees would like to thank*

**MISR 2000**

**The Official Congress Agent**

